

If you only watch one documentary this year it should be *Moldy*. Released in July this year the feature length doco is hosted and produced by Dave Asprey, from Bulletproof. Directed by Kee Kee Buckley and Eric Troyer it features interviews with medical experts such as Dr. Shoemaker, Dr. Hyman, Dr. Amen, Dr. Rea and Dr. McMahon. Plus interviews with mold warriors including Lisa Petrison (Paradigm Change), Janis Bell, James Baber and Gina Lopez.

Buy the DVD or online screening at the [official website](#).

**Extras from *Moldy* are also well worth watching**

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