



Toxic Mould Support Australia is an informal support group that began life on [facebook](#) thanks to **Jason Mullen** in 2013. **Caleb Rudd** joined in late 2014 and was soon made co-administrator. Our mission is to raise awareness throughout Australia of mould illness / chronic inflammatory response syndrome (CIRS) and provide support to patients.

Caleb's Story

I developed ME/CFS while working in London in 2000 after a flu like illness while living in a damp apartment. Getting increasingly sicker I returned to Australia and embarked on a journey which saw me consult dozens of health practitioners, many tests, and hundreds of different therapies both mainstream and alternative. I was finally diagnosed with CIRS in early 2015 and embarked on the Shoemaker protocol shortly after. I first encountered the work of Dr. Ritchie Shoemaker when a friend lent me *Mold Warriors* in 2006 but as no testing was available then I was unable to interest any doctor in the protocol. I hope to raise awareness and knowledge in the Australian medical and patient community so that situation isn't repeated.

Jason's Story

I got acutely sick in 2011 due to a plumbing leak between my bathroom and bedroom that led to the highly toxic mould, *Chaetomium globosum* to flourish, a mould that only comes from serious water ingress. I was so sick that I ended up in hospital with toxic bands/changes in my neutrophils. Since then I've battled to regain my health due to dodgy HLA genes which means I don't self-heal and I now react to mould like Superman does to kryptonite so find most abodes intolerable. It has also left me with cognitive and short term memory issues and a very abnormal NeuroQuant brain MRI to back this up along with other scans, plus a plethora of other symptoms which has meant I've sadly had to close my

[business.](#)